

Tapescript Part 2 (9EL1/ 9EL3)

Narrator

The Student Welfare Committee wants to find out how students feel after returning to school following the pandemic. To help you prepare your report, the teacher adviser of the Student Welfare Committee has prepared a recording of the meeting discussing Student Stress and Depression.

Listen to the conversation and answer the questions. The conversation will be played twice. Do as much as you can the first time and answer all questions the second time. You now have 30 seconds to read the questions. (*music 30 secs.*)

The listening will begin now.

[Jenny – Student Welfare Committee

Hi guys. Did you see the article about Student Stress and Depression in the paper yesterday?

Ben – Student Welfare Committee member

Hi Jenny, yes.

Sarah – Student Welfare Committee member

Yes.

Jenny – Student Welfare Committee

They interviewed nearly 5000 students and 52% were depressed.

Ben – Student Welfare Committee member

There's been a lot in the newspaper and on TV recently about student stress. I haven't read anything about student depression though. What is it exactly, Jenny?

Jenny – Student Welfare Committee

Depression is an illness which can be quite serious. People with depression feel really unhappy, worried and nervous and these feelings stop them from doing lots of things. Some need to take medicine regularly to help them.

Ben – Student Welfare Committee member

I sometimes feel unhappy but not so much that I don't want to do things or need to take tablets or other medicine. Usually it's just because I got a bad result in a test or I had an argument with my sister!

Jenny – Student Welfare Committee

You're always fighting with your sister! Isn't he, Sarah?

Sarah – Student Welfare Committee

Yes, Tina tells us about your fights all of the time. You just do annoying things, Ben. You're definitely not depressed!

member

Jenny – Student Welfare Committee

Well, Mr. Mack, the head of the Student Welfare Committee, wants us to talk to students and find out what they think and most importantly find out how we can help them.

Sarah – Student Welfare Committee

That's a good idea, asking the students how we can help them.

member

Jenny – Student Welfare Committee

The article also said that around 49% of secondary school students are stressed and worried about the heavy workload and tests.

We need to ask if the students feel depressed. Are they stressed? What makes them feel stressed?

Sarah – Student Welfare Committee

Should we write down some questions we can ask them?

member

Jenny – Student Welfare Committee

Good idea, Sarah. We can't just ask them if they are depressed, because they might not know.

Sarah – Student Welfare Committee member

How about we ask about the signs of depression instead and what they do about them?

Jenny – Student Welfare Committee

Yes, we could ask them if they have trouble concentrating.

Ben – Student Welfare Committee member

I'll write the questions down. How many do you think we should ask, Jenny?

Jenny – Student Welfare Committee

Well, let's see. The article listed three signs of depression, so that's three questions already. Here guys, look at the article.

Ben – Student Welfare Committee member

OK, Question 1 – Do you have trouble concentrating?

Sarah – Student Welfare Committee member

Question 2 – Are you annoyed easily?

Ben – Student Welfare Committee member

(laughing) Where my sister is concerned, yes!

Jenny – Student

Oh Ben. You annoy her too! Question 3 – Do you have trouble

Welfare Committee	sleeping?
Sarah – Student Welfare Committee member	I sometimes have trouble sleeping, especially before exams. What about asking students if they are worried about their exams or tests and why?
Ben – Student Welfare Committee member	Yes, we can also ask them what they do when they are worried. Do they play computer games or sleep or watch movies?
Sarah – Student Welfare Committee member	Good question, Ben. That makes six questions already!
Jenny – Student Welfare Committee	Good work, guys.
Sarah – Student Welfare Committee member	Wow, did you know that over 30,000 students contacted the Student Welfare Organisation for help last year? They were mainly worried about going back to school to do face-to-face classes and keeping up after a long time of doing online classes.
Jenny – Student Welfare Committee	I think that we all feel a little bit like that... <i>(fade out)</i>
Narrator	Now listen to the conversation again. <i>{Repeat []}</i>
Narrator	You have 30 seconds to check your answers. <i>(music 30 secs.)</i> This is the end of Part 2.